

# Grocery



**Prego Pasta Sauce**  
23.5-24 Oz. Jar  
**2\$4**



**Frito Lay Tostitos Tortilla Chips**  
10-12 Oz. Bag  
**2\$7**



**Assorted Varieties 7-UP Products**  
2 Liter Bottle  
**4\$5**



**AHA Sparkling Water**  
8 Pack • 12 Oz. Cans  
**\$3.99**

Western or Wish-Bone  
**Salad Dressing**  
15 Oz. Bottle  
**2\$5**



Our Family  
**Tomato Ketchup**  
38 Oz. Bottle  
**\$2.99**



Our Family  
**Juice Cocktails**  
64 Oz. Bottle  
**\$1.99**



Near East  
**Couscous or Rice Pilafs**  
5-10 Oz. Package  
**\$1.99**



**Tasty Bite Rice**  
8.8 Oz. Package  
**2\$5**



Muir Glen  
**Pasta Sauce**  
25.5 Oz. Jar  
**\$2.99**



**Bear Naked Granola**  
8-12 Oz. Package  
**\$2.99**



Kellogg's  
**Pop-tarts Pastries**  
8 Ct. Box  
**\$2.99**



Nabisco  
**Oreo Cookies**  
14.3-15.3 Oz. Package  
**\$3.99**



Nabisco  
**Honey Maid Graham Crackers**  
14.4 Oz. Box  
**\$3.79**



Garden of Eatin'  
**Tortilla Chips**  
16 Oz. Bag  
**\$4.99**



Old Dutch  
**Dutch Crunch Potato Chips**  
9 Oz. Bag  
**\$3.39**



Kellogg's  
**Nutri-Grain Bars**  
10.4 Oz. Box  
**\$3.19**



Assorted Varieties  
**Coca Cola Products**  
6 Pack • .5 Liter Bottles  
**\$3.69**



Assorted Varieties  
**7-UP Products**  
10 Pack • 7.5 Oz. Cans  
**\$4.49**



**Fever Tree Mixers**  
4 Pack • 6.8 Oz. Bottles  
**\$3.99**



Purex Liquid  
**Laundry Detergent**  
43.5-50 Oz. Jug  
**\$4.59**



Palmolive  
**Dish Detergent**  
31.5 Oz. Bottle  
**\$3.99**



Windex  
**Window Cleaner**  
23 Oz. Bottle  
**\$3.99**



Our Family  
**Napkins**  
250 Ct. Package  
**\$2.59**



Our Family  
**Fancy Napkins**  
100 Ct. Package  
**\$2.59**



Our Family  
**Quilted Premium Bath Tissue**  
12 Roll Package  
**\$5.99**



Puffs  
**Facial Tissue**  
48 Ct. Cube  
**2\$3**



Hunt's  
**Canned Tomatoes**  
15 Oz. Can  
**\$1.69**



Ro-Tel  
**Diced Tomatoes**  
10 Oz. Can  
**\$1.69**





MOUNT ROYAL

# EXPRESS

ONLINE SHOPPING



Online Shopping

CURBSIDE PICKUP AVAILABLE FOR EVERYTHING YOU LOVE

BEST SELLERS

Lean Ground Beef not < 80% Lean \$4.29 / lb	Yellow Bananas \$0.69 / lb <small>Approx. 0.4 lb per banana</small>	Ground Beef Extra Lean 85%+ \$4.79 / lb	Sockeye Salmon Fillets Wild U.S.A. \$16.99 / lb
+ Add	+ Add	+ Add	+ Add

[www.mountroyalmarket.com](http://www.mountroyalmarket.com)

**NOW AVAILABLE!**

SHOP FROM OUR WEBSITE OR DOWNLOAD OUR APP!

**CURBSIDE PICKUP**