

Butcher Shop Quality at Super Market Prices! **Meat**



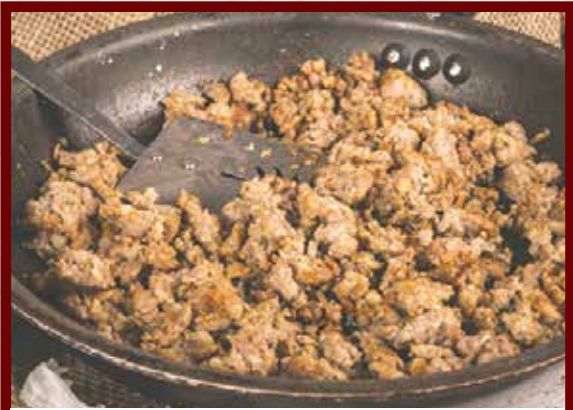
Swanson Reserve
Black Angus Beef
Boneless
Chuck Roast **\$5⁹⁹** Lb.



Fresh
Boneless
Skinless
Chicken Breasts **\$2⁹⁹** Lb.



Wholestone Farms
Boneless
Pork Sirloin
Roast **\$2⁵⁹** Lb.



Mount Royal's Own
Italian
Sausage **\$5⁹⁹** Lb.
Mild or Hot

Cloverdale
Sliced
Bacon
1 Lb. Package
\$6⁹⁹

Ambassador
Natural Casing
Wieners
9.7-12.8 Oz. Package
\$6⁹⁹

Simek's
Meatballs
17-22 Oz. Package
\$9⁹⁹

Jennie-O 93% Lean
Ground Turkey
or Patties
1 Lb. Package
\$4⁹⁹

Mount Royal's Own
Homemade
Meat Loaf
\$5⁹⁹ Lb.

Sushi & Seafood

Green
Dragon Roll
\$9²⁵

Cooked
Shrimp
41/50 Ct.
\$7⁹⁹ Lb.

Tuna
Steak
\$10⁹⁹ Lb.

Black Tiger
Shrimp
\$10⁹⁹ Lb.

Superior Select
Crab
Spread
7 Oz. Container
\$2⁹⁹

Dairy

Frozen



Dannon
Greek
Yogurt
5.3 Oz. Cup
4\$⁵ for **5**



Crystal Farms
Natural Cheese
Sliced
6-8 Oz. Package
2\$⁶ for **6**



Marie Callender's
Large
Pot Pies
14-15 Oz. Box
\$3⁹⁹



Red Baron
Frozen
Pizzas
17.8-23.4 Oz. Package
2\$¹⁰ for **10**

Kemps
Cottage Cheese
Singles
5.3-5.6 Oz. Cups
4\$⁵ for **5**

Crystal Farms
American
Singles
12 Oz. Package
\$3¹⁹

Banquet
Boneless
Chicken
24-32 Oz. Package
\$4⁹⁹

Nestlé
Drumstick
Cones
8 Ct. Box
\$7⁹⁹

Sargento
Balanced
Breaks
4-4.5 Oz. Package
\$3⁹⁷

Pillsbury
Cookie
Dough
16-16.5 Oz. Package
\$3⁹⁹

Green Giant
Frozen
Vegetables
Selected 7-8 Oz. Package
4\$⁵ for **5**

New York
Garlic Bread
or Bread Sticks
7.3-13.5 Oz. Package
\$3⁹⁹

Blue Bonnet
Vegetable
Spread
1 Lb. Package
2\$³ for **3**

Land O Lakes
Spreadable
Butter
13-15 Oz. Container
\$3⁹⁹

Pillsbury Toaster
Scrambles
or Strudel
7.2-11.7 Oz. Box
2\$⁶ for **6**

Kellogg's
Eggo
Waffles
8-10 Ct. Box
\$2⁹⁹